

From: [Bobbie Carmody](#)
To: [Bobbie Carmody](#)
Subject: First Lutheran Women E-News - May, 2015
Date: Thursday, May 07, 2015 2:54:48 PM



First Lutheran Women E-News – May, 2015

ADDITIONAL RESOURCES

[First Lutheran Women](#)

[Women of the ELCA](#)

[Bold Cafe](#)

[Community Resources](#)

Bible Verse to Cling to

“This is the day that the Lord has made; let us rejoice and be glad in it” – Psalm 118:24

Faith Message:

It is Spring.....the birds are back and singing, the snow cover is gone revealing the soft, green grass, and the trees are exploding with new buds. It is glorious and truly a miracle from God!

I have always tried very hard to live in each day and having experienced the death of my husband recently, and some close friends, it is so clear that one needs to live each day to the fullest and the simple, yet profound truth, is that happiness is a choice! You don't have to wait for everything to be perfect in your family or with your business. You don't have to forgo happiness until you lose weight, break an unhealthy habit, or accomplish all your goals. Happiness is your choice.

You might as well choose to be happy and enjoy your life!! When you do that, not only will you feel better, but your faith will cause God to show up and work wonders. To do so, you must learn to live in today, one day at a time; better yet, make the most of this moment! It is good to set goals and make plans, but if you are always living in the future, you are never really enjoying the present in the way God wants us to.

May is also a time to celebrate Mothers, so happy Mother's Day to all you mothers, grandmothers, and great grandmothers! I am proud to be a mother and grateful to have the honor of being a grandmother as well!

In faith and friendship,

Kathy Tjosaas

First Lutheran Women

Board Member

Upcoming Events:

May 13, 2015 – Circles Meet

May 14, 2015 – 25th Annual Ascension Brunch – 9:30 a.m. – Hope Lutheran Church - Minneota

May 18, 2015 – Quilting – 1:00 p.m.

Mission Statement:

To mobilize women to act boldly on their faith in Jesus Christ.

*To respond to this email, share ideas, or questions, please contact
Bobbie Carmody at cbcarmody@iw.net*